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For 43 years I have been a professional massage, cranial sacral, and reflexology therapist. Throughout this time, I have passionately studied subtle energies and healing.

The model I have been taught for the chakras is pretty consistent from teaching to teaching—as if each model is based on a previous one. I believed the chakras, like the bones and organs of the body, had a specific shape. There could be some distortion in them in terms of the openness or spin of the chakra, but the basic form was a given.

Cristo does not base his knowledge of the chakras on other models, but on his own clairvoyant observations. He sees their shape, development, and the causal factors in each person for the present distortions, lack of development or openness.

Cristo teaches that the chakras are an evolutionary development in mankind. Some chakras are barely present in some people, some are small buds, some are more developed. The development of the chakras and their interrelationship is a never-ending evolutionary process unique to each person. Cristo's model explains much of our behavior and our human condition.

It is both deeply healing and fascinating to learn and heal with Cristo. I do not know of any other person on this planet with the clarity of clairvoyance that Cristo possesses. Thank you, Cristo.

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