

5247 Vorhies Road  
Ann Arbor, MI 48105

September 2, 2011

To Whom It May Concern:

Cristo Bowers is the most gifted spiritual teacher and healer that I have met. He is also a great public speaker: dynamic, articulate, uplifting and frequently humorous. I have observed him do wonderfully transforming healing work for myself, my friends, and family. On many occasions, I have witnessed him provide spontaneous life-transforming insights to those from all walks of life who attend his seminars.

Cristo is unlike any other clairvoyant I have ever met in using his great gifts to illuminate and bring transformation to the spiritual aspects of people's lives, which in turn ripples out bringing positive transformation into every other area of their lives. He helps them see the big picture of their life in a way that they have never seen before. With laser like precision, he provides precise insights into their life purpose; the core issue(s) to be resolved or transformed in this lifetime; the major archetypal patterns that are expressing in their lives and how these relate to their life purpose; their major enabling or hindering beliefs; and the degree of evolution, function and dysfunction of the major chakras and primary meridians in their auric fields. He is one of only a few clairvoyants who clearly perceive and help people connect with the higher 8<sup>th</sup> – 12<sup>th</sup> chakras. Along with this, he provides specific guidance for how to transform that which needs transformation, provides valuable insights into the specific challenges that are confronting them right now, and does energy work and initiates blessings and new, positive energetic patterns for individuals and groups. I have personally experienced and have also observed in others, spontaneous profound transformations, as well as great positive transformation gracefully unfolding over a period of days or weeks.

I personally experienced a great transformation and empowerment when Cristo gave me insight regarding certain archetypal patterns and beliefs that I had been carrying. I have observed great transformation take place in a family member who was experiencing depression. I witnessed a close friend with severe Post Traumatic Stress Disorder make amazing, positive shifts and become far more functional after working with Cristo for a very short time. Cristo often delivers very clear and precise messages to people for how to successfully resolve certain problems. I have observed people who had been stuck in life and seemingly spinning their wheels in place for years suddenly receive insights that empowered them to move ahead and have witnessed people who did not understand themselves or their place in the world suddenly see their place and purpose and begin to step forward with confidence.

In addition to working with individuals, Cristo is wonderfully gifted at perceiving the energetic structures of groups and organizations and the connections and flow of energies between multiple individuals. He has fully as much capacity to bring just as much great insight, increased

functionality, empowerment and transformation to groups and organizations as he does to individuals.

Cristo is a clear channel and a bright expression of DIVINE LIGHT shining in the world. He is a generous, patient and gentle helper to those who come to him. He makes a transforming difference wherever he goes. To the extent that all human beings may aspire to ONENESS and CHRISTHOOD, he is one of those standing at the forefront of the great ascension of consciousness for all of humanity which is now unfolding. He moves ahead and upward, encouraging, uplifting and illuminating the way, for all who aspire to CHRIST CONSCIOUSNESS.

I count it a great blessing to have experienced Cristo's transforming work in my life and to witness his life unfolding in ever greater service to others. He is a light and blessing to all he meets. Blessings on him and on his work!

Sincerely,

A handwritten signature in black ink, appearing to read "David Winfree".

David Winfree - Spiritual Teacher, Healer, Mystic