It was during these periods of intense devotional meditation that I felt as if I became a tree, like a weeping willow. As I stated above, many times no one showed up for the meditation class, so I often found myself alone meditating on God. The experience of feeling like I was a tree was a repeated experience. At the time, I never understood why. Looking back now at my auric field clairvoyantly during meditation, I can see that those devotional meditations caused my Crown Chakra to radically open. Since the energy that flowed through that chakra increased, it poured out along the 12 Lines of Force that connect into and form the 12 inner petals of the Crown Chakra. The force pouring into my Crown Chakra was so strong that the Lines of Force were surging with current. I intuitively perceived the energy coursing along those 12 lines in the form of *feeling* those subtle objects. The ability to feel those super-physical objects is due to the psychic sense that corresponds to the sense of touch. Some people confuse this power or ability with clairsentience, but they are different. Those 12 Lines of Force, when activated, combined with the Central Channel, actually look like a tree—a weeping willow.

Tell me about another experience you had of seeing something in the human energy field for the first time.

Between 2007 and 2008, I was a participant in a healing group. I was working with a man who came to receive healing. He was lying down on a table and I stood beside him, sending healing energy through

my hands. Another group member was working on him with me. As I stood near his feet and looked at him, I noted that energy seemed to flow only through the right side of his body. At the time, I didn't know if I had made up the image of the intense white light that coursed along the right side of his body. As I stood dialoguing with myself, my healing partner said to me, "Notice the way that energy is coursing only through the right side of his body." Dumbfounded, I nodded my head in ascent. It was as if she had read my thoughts. In that moment, I had proof that what I was seeing was accurate.

What were you seeing?

I was seeing his vital or etheric body. In some literature, it is referred to as the *pranic body*.

What did it mean that he only had energy flowing through the right side of his body?

The short answer is that it meant that he was in the energetic stages of a stroke. A person will occasionally reroute the energy that is evenly distributed throughout his or her vital body to one side, generally the left side, to be more assertive or aggressive, as in a decision to fight. For others, this distribution of energy becomes a way of life. For those for whom it becomes a way of life, they are normally considered Type A personalities. They tend to believe that the greater the energetic output, the greater the return: If I work harder, I will

get more. It is an old agricultural paradigm. They unconsciously channel all of their energy to their left side, with the result that their brain is forced to carry an electrical load that taxes the physical structures of the brain. This is very similar to running greater current through a wire than what it is intended to carry. As a result, the wire will burn up. The same thing can happen to the brain. In the medical field, it is called a cerebrovascular accident or stroke.

Tell me about the left and right sides of the human body.

In the left and right sides of the body are channels of energy which in the East are known as the Pingala and the  $Id\bar{a}$ , the masculine and feminine aspects of Deity.<sup>2</sup> In Eastern literature, the left channel of the Sushumna is said to be feminine or Ida, while the right channel is said to be masculine or Pingala. To my vision, however, the masculine channel or Pingala is located on the left side of the Sushumna, while the feminine channel or Ida is located on the right side of the Sushumna. The point, here, is that the Self has masculine and feminine attributes. Those who state that the Soul or Monad is neither male nor female are mistaken. The maleness and femaleness that is expressed through materiality in the form of male and female bodies or attributes is a function of the male and female polarities inherent in Spirit itself. If the attributes of male and female, positive and negative, were not inherent in Spirit, they would not manifest