

November 10, 2011

To Whom It May Concern:

Regarding: Mr. Cristo L. Bowers – Spiritual Instructor, Clairvoyant, Healer

My first interaction with Mr. Bowers was at a local Spiritualist church celebration that I was visiting. This was a new experience for me, as at this time in my life, I had been exploring new outlets for personal growth and service to others. My unscripted journey had become an intense one and I was experiencing much growth, through discovering and confronting long held fears, deep examination of my faith, years of negative self-judgment as well as recognizing and allowing myself to feel. The speed was mind boggling. I was coming in contact with the understanding that I had not only lived difficult past lives, and remembered several of them in detail, but that I had brought to this life a heavy list of accumulated past baggage that needed to finally be unpacked and resolved. At that point, and after a tremendous amount of effort, as I sat among the church group, I found myself emotionally exhausted, highly vulnerable and seriously confused. Still asking the same questions "why am I here; what is my purpose; where am I going; what keeps pulling me so strongly on into this dark unknown?" I just painfully ached from the struggle to understand and accept. The message I kept receiving in my efforts was "stop looking outside yourself, the answer is in with you." I could not see the value in what I had been working hard at and doing for years and what my life was becoming. It was an effort just to concentrate on the present.

Mr. Bowers introduced himself to the gathering and explained his approach and mission. Despite my fatigue, and considerable skepticism developed over my many years, I found that I still had a core of hope. This soft spoken fellow had my attention and held it as he went from one person to another who had a hand raised for a reading. Through their deep and moving responses I saw their healings begin, and there were important bits and pieces offered to each one that were addressed to me. I felt it. I did not put up my hand until there was time for only three more offerings. Quite honestly, I did not know what to hope for, and I was afraid of revealing how inept and unaccomplished I had been, used to trying to go unnoticed. I was about to put down my hand when I was chosen. Fear rose within, everyone would "see" me for what I was. I was more surprised even to be noticed!

I did not feel any special or sudden revelation. I am a "tough cookie" when it comes to myself and others; "tightly wrapped and well defended." Instead, I was surprised to find that I could actually listen completely. Mr. Bowers had almost convinced me that he was gifted by watching his genuine effect on others. Not knowing why, I quickly became unaware of those around me and totally focused on his words. In his message, I was offered a deep, personal admiration and respect from this chosen man of healing. He saw in me, not a person who had withdrawn and was hiding from this world and its people, but a person with genuine and deeply sincere love for others and the ability to heal. One who had spent her recent years in a life of inspired prayer and was now ready to see herself in a new light; stepping forward with divine offered purpose, having been blessed and with courage, confidence and comfort, into her destiny. This was the stunning, vivid, clear visual image of myself that I received as he spoke.

During group sessions, as well as in private conversation, I have found Mr. Cristo L. Bowers to approach his co-participants, as well as his subject matter, with the clear, calm passion and broad based intelligence that flows from a deeply confident understanding of his abundant abilities. What impresses

me equally is Mr. Bowers' innate, quiet respect for people, for the information and for the process involved in sharing his abundant energy through Spiritual Teaching and clairvoyant healing. His heart is open to everyone and his spiritual insight is clear.

Mr. Bowers' kindness and sincere concern allows him to instill a warm acceptance and comfort, as well as inspiring an energized interest that continues to flow from and through those in attendance. His methods of speaking are all inclusive, easily understood, well organized and very competently presented. In my observations, he also personally evaluates and keenly assesses the group environment, making him able to adjust his presentation to the particularly strong needs of the specific gathering he is addressing.

Truly blessed and equally committed to others, Mr. Bowers offers his deepest intensity with abundant Grace and the whole hearted acceptance of his ever evolving calling as an outstanding clairvoyant and inspired healer.

Sincerely,

Lolia Tiava– B.S. Management, Registered Nurse, Certified Substance Abuse Counselor